

## ***Guatemala February 24, 2018***

***A seriously positively life changing experience!***



**Again this year, Dr. Meg will be working with the highest of the Mayan Guatemalan Elders, Grandmother Elizabeth Araujo, Don Alejandro, lovingly known as “Ta Ta”**

Last year a group of us went to Guatemala together and quickly because not only as a family, but each of us had experiences that changed our lives forever in ways personal to each and within the group too. The love we experienced from the Mayan people and their culture is second to none ~ so much so that everyone wanted to go back again so here we go! I have arranged the trip to still include most of the most famous sites but have

changed it up some this year to include some spectacular places we simply didn't have time for last year.

This is a trip of the heart and the emotions using all of the elements, earth, air, fire, water and the spirit of ourselves as beings of creation and our group which when comes together amplifies the light within each of us. After all, life is all about love, the oneness we carry and may not always recognize, What we look for externally is already within us all of the time and the ancient cultures mirror this to us, helping us find our way to our true selves. And we mirror to the Ancients as well as the Elders in so many ways. Come and join us in connections with the infinite, opening of our hearts, time to play, shop, practice your internal wonder and to wallow within the world of the Ancient and current Mayans.

We will share ceremonies with Grandmother Elizabeth and guest Mayan Elders who will also share their ceremonies and wisdom with us.

Check out our itinerary:

**February 24, 2018 arrive at Guatemala City** where you will be picked up and brought to our hotel.

**February 25<sup>th</sup>** we will visit the ancient site of **Iximcho** and make our way to Lake Atitlan where we will definitely enjoy our welcome dinner!



***February 26<sup>th</sup>, 2018 ~ San Laguna Lake village at Lake Atitlan (Textile country!) Then Departure to Zunil***







*February 27<sup>th</sup> morning at Lake Atitlan then...Introducing Zunil*



As you speed downhill toward Zunil from [Quetzaltenango](#), you'll see this pretty market town spreading across a lush valley framed by steep hills and dominated by a towering volcano, its white colonial church gleaming above the red-tiled roofs of the low houses. A road on the left bridges a river and, 1km further, reaches Zunil's plaza.

Founded in 1529, Zunil is a typical Guatemalan highland town, where traditional indigenous agriculture is practiced. The cultivated plots, divided by stone fences, are irrigated by canals; you'll see the farmers scooping up water with a shovel-like instrument and tossing it over their plants. Locals wash their clothes near the river bridge in pools of hot water that come out of the rocks. The waters are said to have amazing healing properties and come into a singular place from three volcanoes.

***February 28<sup>th</sup>... Oh, and Next? Fuentes Georginas! Then we will return to Zunil***



A superb natural spa in a spectacular setting, Fuentecitas Geométricas is an 8km drive uphill from Zunil. It's named after the wife of 'benevolent dictator' Jorge Ubico, who customarily commandeered the installations on weekends for his personal use. Four pools of varying temperatures are fed by hot sulfur springs and framed by a steep, high wall of tropical vines, ferns and flowers. Though the setting is intensely tropical, the mountain air currents keep it deliciously cool through the day. There is a little 500m walk starting from beside the pool, worth doing to check out the birds and orchids. Bring a bathing suit; towels are available (Q10 plus deposit). Lockers cost Q5. Hurricane Agatha ripped through the spa in 2010, all but destroying the installations. Fortunately, it's been completely rebuilt and restored, though patches of the road there remain perilously damaged. Trails lead to two nearby volcanoes: **Volcán Zunil** (15km, about three hours one way) and **Volcán Santo Tomás** (25km, about five hours one way).

***March 1 ~ Time in Zunil then return to Guatemala City***

***March 2 and 3<sup>rd</sup>, Introducing The Ancient site of Copan***



Copán is an archaeological site of the Maya civilization located in the Copán Department of western Honduras, not far from

the border with Guatemala. It was the capital city of a major Classic period kingdom from the 5th to 9th centuries AD. The city was located in the extreme southeast of the Mesoamerican cultural region, on the frontier with the Isthmo-Colombian cultural region, and was almost surrounded by non-Maya peoples. In this fertile valley now lies a city of about 3000, a small airport, and a winding road.

Copán was occupied for more than two thousand years, from the Early Preclassic period to the Postclassic. The city developed a distinctive sculptural style within the tradition of the lowland Maya, perhaps to emphasize the Maya ethnicity of the city's rulers.

The city has a historical record that spans the greater part of the Classic period and has been reconstructed in detail by archaeologists and epigraphers. Copán was a powerful city ruling a vast kingdom within the southern Maya area. The city suffered a major political disaster in AD 738 when Uaxaclajuun Ub'aah K'awiil, one of the greatest kings in Copán's dynastic history, was captured and executed by his former vassal, the king of Quiriguá.[6] This unexpected defeat resulted in a 17-year hiatus at the city, during which time Copán may have been subject to Quiriguá in a reversal of fortunes.

A significant portion of the eastern side of the acropolis has been eroded away by the Copán River, although the river has since been diverted in order to protect the site from further damage.

If you look closely, Copan has some amazing secrets to share.



***March 4<sup>th</sup> ~ 6<sup>th</sup> Meet Antigua We Arrive on March 4<sup>th</sup> spend the day on March 5<sup>th</sup> and 6<sup>th</sup> and During this time private sessions are available with Grandmother Elizabeth, Astrology Readings, Egg Readings, Don Alejandro Healing Sessions and if she has Time (Should have Some), Dr. Meg will be available for Readings and Healing Sessions. Here is what will be available:***

All (except Dr.Meg) will be done by Mayan Elders. Specific Elders specialize in certain sessions and are listed below where applicable). If you are interested in any or all of these please email me which sessions you would like to book. We need to know upon registration in order to plan the Elder's time and energy. **Please bring cash to cover these thanks!**

**Mayan Astrology \$50** ( In Maya, the translation is: Your destiny attached to the Stars)



**\*\*\*\*If you want an astrology reading with Grandmother Elizabeth, please include your birth information month date, year and time if you know it at the time of registration.\*\*\*\***

**Healings with el Abuelo Alejandro Cirilo \$75.** (He is the highest Elder of the Mayans in Guatemala and world renowned)

**Oracle readings \$60.**( this is for specific questions that need an answer)

**Egg readings \$20.**

**Sessions with Dr. Meg** are your choice of readings, healing sessions (\$250 each) or Living Light Initiations (\$300 each)



There are several volcanoes surrounding Antigua and the sight of them especially at sunrise is magnificent. One in particular is known to erupt regularly and can be seen from the roof of our hotel. It is a phenomenal experience to watch!



Antigua has markets, cafes, the chocolate museum which is not to be missed including their special coffee chocolate hot pepper typical Mayan coffee drink! We saved this for last because there is so much to do and see r just relax and do a lot of nothing. Life in Antigua has not changed for centuries and it is a phenomenal little village.





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***March 7<sup>th</sup> We Will Return to Guatemala City Where We Will Have Our Farewell Dinner***

***March 8<sup>th</sup> We Will Get You to the Airport in Guatemala City for your Return Flight Home...*** On your way home and once you get there, you will be weaving the energies we have built together with everyone you encounter. Guatemala will remain in your hearts infinitely, And there is something there, something very special, that comes from the love, the land and most of all the people of Guatemala that comes home with you, remaining in your heart, your souls. Come join me for this amazing journey!

## **Registration**

**\*\*\* PLEASE NOTE THE SIZE OF THIS GROUP IS ABSOLUTELY LIMITED! This will not be a large group due to the ages of the Elders. TO MAKE CERTAIN YOU ARE INCLUDED IN THIS TRIP WE**

**SUGGEST THAT YOU REGISTER EARLY! IF YOU WAIT WE CANNOT GUARANTEE A SPACE FOR YOU, THANK YOU! \*\*\***

**Trip includes** 12 night hotel accommodations, a welcoming dinner and a farewell one; all domestic transportation, all entrance fees to sacred sites and remuneration fees for the Mayan Elders who will be with us during our journey and for their presentations and teachings, we will also share ceremonies.

**Not included** are meals/drinks, international flights, airport taxes or visas nor personal expenses.

**Journey Cost** ~ \$3995 per person \$500 nonrefundable deposit assures your space. Spaces limited so register soon! Final balance due no later than December 1, 2018. (Payments can be arranged if needed as long as balance is paid by the above stated date. If you have this need please email Dr. Meg at the address below.).

**To Register:** Please go to <https://www.spiritle.com/travel.php> where you can make your deposit or pay for your trip entirely. Or, contact Dr. Meg at [docspirit@touchingthelight.org](mailto:docspirit@touchingthelight.org) we accept all major credit cards, Pay Pal, personal checks or money orders.

**Refund policy:**

6 months prior to trip ~ what has been paid up to that date less \$500 non refundable deposit

3 months prior to the trip 40% of what has been paid less \$500 non refundable deposit

2 months prior to trip no refunds monies will have been wired to Guatemala and distributed so are unobtainable for refunds.

***Meet your Guides~***

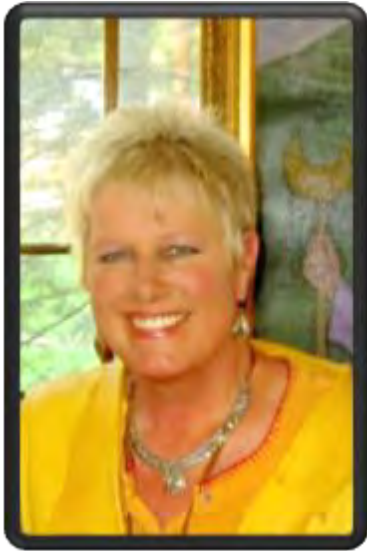


**Grandmother Elizabeth Araujo** Grandmother Elizabeth is a warm, compassionate person manifesting a discernment that crosses cultural boundaries. She travels extensively throughout the world to wherever she is called to do ceremony and hold council with Elders of those places in the process of bringing unification, balance and harmony to Mother Earth. Grandmother Elizabeth was born and raised in El Salvador and lives in Guatemala. She is a member of El Salvador Council of Mayan Ajqij'ab and also works with the Guatemala Mayan National Council of Elders. Elizabeth works through the Mayan traditional healing ceremonies with the Sacred Fire and is a guide for spiritual journeys to sacred

sites in Guatemala, Peru and Bolivia. Grandmother does Mayan Astrology Readings that are deeply guiding and show your strengths and how to overcome any oppositions found in the stars. Her readings are positive and leave you feeling truly magical.

***(Don Alejandro) Cirilo Perez Oxlaj or Alejandro Cirilo Perez Oxlaj***, is the grand elder of the National Counsel of Elders Mayas, Xinka and Garifuna of Guatemala. For 40 years he has traveled around the world with messages of peace to the world; warning us about the consequences of the contamination and disrespect on Earth, etc. He is 89 years old and still working in behalf of Mother Earth and Peace in the world. His Healings are life changing.





***Meg Blackburn Losey, Ph.D.*** is the author of 9 books including her most recent release “The Children of Now EVOLUTION”, the Bestselling books “Touching the Light”, “The Secret History of Consciousness”, the International Bestseller “The Children of Now”, The Living Light Cards other great books. She is also the author of the “Online Messages” and a contributor to “What Wags the World” and the Bestselling “The Mystery of 2012 Anthology”.

Dr. Meg is the creator of the Touching the Light Healing Modality and offers Certification courses. Information is available at the link below.

She is a national and international Keynote Speaker and also lectures worldwide. She facilitates group journeys to Sacred Sites including Scotland, England, Ireland, Peru, Bolivia, Egypt and Mexico and Guatemala. She is a recipient of the Culture of Peace Award. Dr. Meg has made it her life’s purpose to unify the world in every

way possible, introducing our similarities and sharing cultural, ceremonial and traditional aspects of our common beliefs and goals around the world, after are we not nearly all after the same thing no matter what we call it?.

She has also served as a consultant to Good Morning America, 20/20 and most recently, A&E Lifetime Network. Dr. Meg can be reached by e-mail at [docspirit@touchingthelight.org](mailto:docspirit@touchingthelight.org), or on her main website at <http://www.spiritlite.com/>. Her Touching the Light healing modality can be found at <http://www.touchingthelight.org>. She is also available via LinkedIn, Facebook and Twitter as DocSpirit.

Dr. Meg may do readings or healings depending upon our schedule and her energy levels.